

# **Project C.A.R.E. – Project on Children and Adolescents at Risk Education**

Chairperson: Dr Annis Lai Chu FUNG (CityU)

## Background:

Children and Adolescents at Risk Education “Project CARE” is a theory-driven and evidence-based project which provides early identification and remedial support to junior secondary school students with either aggressive or victimized symptoms in school bullying context. The project involves tailor-made cognitive-behavioral therapeutic groups for potential aggressors and victims, accompanied with a series of quantitative and qualitative research to evaluate the general picture of school bullying in junior secondary schools in Hong Kong and the effectiveness of the therapeutic groups. The project team also provides educational programs, training workshops and consultation service for teachers, parents and students. From 2006 to 2009, the project has been funded by Quality Education Fund and 30 secondary schools have been served in the current 3-year period.

The symposium will consist of three sessions of presentations on the following areas:

Presentation 1: Theoretical framework on school bullying, types of aggressors and victims, and the use of cognitive-behavioral theory as remedial support to teenage aggressors and victims

Presentation 2: The relationship between family structure and its corresponding parenting efficacy, and the tendency of aggression of teenage children

Presentation 3: Tailor-made cognitive-behavioral therapy as remedial support to teenage aggressors and victims: the practice